

Farmington City Flash Soccer Rules

1st & 2nd Grade

We will play by FIFA rules except as noted below:

- There will be 7 players on the field with no goalkeeper
- Shinguards are mandatory
- Substitutions are limited to the quarter breaks and halftime
- All players attending the game must play at least an equivalent of half of the game
- Coach is to keep time, enforce rules, stop and restart play. When a foul or violation occurs take the time to explain to the players why. This is their first experience with soccer.
- There will be a site supervisor from the City at each location
- Games will be 4 equal 10-minute quarters with 2 minute breaks between the 1st & 2nd and 3rd & 4th quarters with a 5 minute half-time
- Opponent must be 8 yards from the center mark during kick-off
- Restart game consistent with how ball went out of play
- There is no offside
- All kicks are indirect. Opponents must be 8 yards away